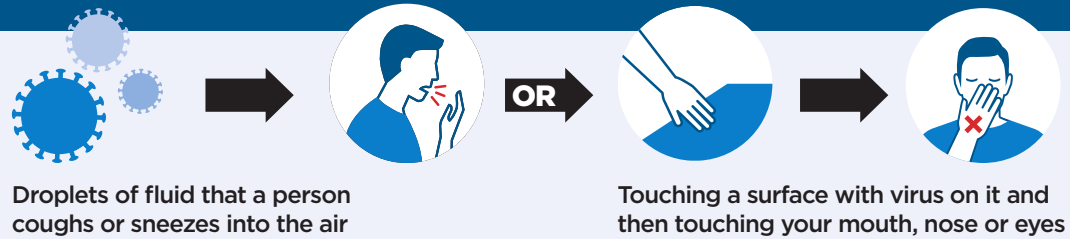


# Let's beat COVID-19 together.

## ABOUT THE VIRUS

### Coronavirus disease 2019 (COVID-19)

The virus causes a mild to severe respiratory illness. How the virus spreads isn't yet fully known. It's likely spread through:



## SYMPTOMS

2 days



Incubation time period



## PREVENTION

Wash your hands or use an alcohol based hand sanitizer often.



Avoid touching your eyes, nose and mouth.



Do **NOT** have contact with people who are sick.



Clean surfaces often with disinfectant.



## WHO IS AT RISK?

If you have been to a location where people have been sick with COVID-19, you are at risk.

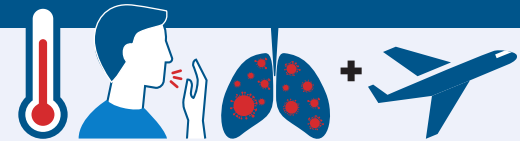


Call your health care provider if:



You have been in close contact with a person known to have COVID-19 and you have a fever, cough or difficulty breathing.

OR



You have these symptoms alone, or you have these symptoms and:

- you live in an area with ongoing spread of COVID-19,
- or you have recently traveled from an area with ongoing spread of COVID-19.

For more information about COVID-19, visit [rwjbh.org/covid19](https://www.rwjbh.org/covid19)

**RWJ**Barnabas  
HEALTH

Let's be healthy together.